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TRAVEL

The Best Adventure Trips for Parents Traveling With Young Kids



On a recent trip with my husband and 7-month-old daughter, a middle-aged man stopped us. He had a 3- and 4-year-old. Keep traveling, he told us—especially now. He pointed to our baby in the stroller.

Planning your family adventure trips with an infant (or with young children in general) can seem like pure insanity. You've got the **Pack n' Play crib**, the baby carrier, the sound machine, the extra outfits, the burp cloths, and the milk.

But with the right planning and foresight (booking a bulkhead seat, for example, if you want the baby to sleep in a bassinet), traveling with young children can be simpler (and more fun) than it sounds.

[How to Sneak a Workout In While Taking Care of Your Baby »](#)

Better yet, just because a trip is kid-friendly doesn't mean it's kid-focused. Want to ski double **black diamonds** for the afternoon, then **après** with your family? It's possible.

Plus, if your child is under two, they can fly for free on your lap on domestic flights; **international flights**, you'll likely just have to pay taxes on the ticket.

Tempted to go? Consider these seven family adventure trips that have built-in support for young ones and enable you to keep exploring the world.



Bermuda

Traditional **Caribbean vacations** deliver on a dose of sunlight and saltwater but can leave you craving exploration. Stroller-friendly Bermuda has leisure time covered with a walkable downtown city (eat outside at **Devil's Isle**, known for its harvest bowls full of greens, vegetables, and protein), as well as soft adventures like a network of nature reserves you can hike and a Southern coastline filled with pink sand beaches (and the water sports that come with that). **The Hamilton Princess** in town might remind you of home with an **Exhale Spa**, but if it's golf you're after, consider **Newstead Belmont Hills**, which has one of the island's most scenic courses. Rooms here also come with mini-kitchens and the resort runs a ferry across the harbor into Hamilton. Don't worry about wrangling with strollers in airports. Rent wheels for the baby from local rental service **Little Long Tails**.