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LIFESTYLES

MAGAZINE

**NEW YORK LIVE'S
SARA GORE**

**LIFE, FAMILY & TV
LOVING EVERY MOMENT**



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©Newstead Belmont Hills Golf Resort

BOUTIQUE IN BERMUDA

THINK PINK FOR REST & RELAXATION

BY STACEY ZABLE

Looking for a quick getaway? Bermuda is less than a two-hour flight from New York City, but seemingly a world away. Stunning pink beaches, top food, and active adventures await. And while Bermuda has an abundance of properties to choose from for your trip, these two boutique beauties offer high-touch service for a personal pampering stay.

NEWSTEAD BELMONT HILLS GOLF RESORT & SPA

Paget

The name of this resort said it all for me with championship golf for my husband and a spa for me and my girls, but the intimate and upscale Newstead Belmont Hills offered even more. With only 60 waterfront accommodations, the property can truly evoke a home-away-from-home feeling with personal service.

The welcoming feeling starts at the relaxing infinity pool facing Hamilton Harbour. Its sun deck is hard to leave, except if you want to take advantage of the complimentary shuttle to Elbow Beach just a few minutes away. Guests of Newstead Belmont Hills can enjoy this stunning beach with towels, chaises, and umbrellas available for leisurely days in the sun.

A complimentary shuttle is also at the ready to take golfers to experience their one included round of golf at the Par 70 Belmont Hills Golf Course. (There is a cart fee of \$35 per person not included.) On-site, active travelers can enjoy the two lighted tennis courts and a fitness room.

Those guests seeking more relaxation will find it by simply stepping into the spa, with therapists meeting guests with a smile and genuine warmth. For a small property, the Newstead Spa & Salon offers an extensive choice of massages, body and facial treatments, holistic therapies, salon services, and half- or full-day experiences.

Newstead Resort
©Newstead Belmont Hills Golf Resort

Accommodations at the resort include 48 studios, one- and two-bedroom suites with fully-equipped kitchens, as well as 15 deluxe rooms. The kitchens, ideal especially for families, enable guests to have breakfast, lunch, and snacks in their suites, leaving dinner for exploring Bermuda's superior dining scene. The resort offers excellent restaurants right on-site as well. Among them is its fine dining restaurant *Beau Rivage*. Award-winning chef Jean Claude Garzia, a recipient of the gold medal of *Meilleur Ouvrier de France*, has created a menu that combines the flavors of France with island ingredients.

When it's time to go and explore, an extremely convenient and included private water taxi right at the resort makes round trips to Hamilton across the bay Mondays through Saturdays. *Info: newsteadbelmonthills.com.*



Newstead Resort
©Newstead Belmont Hills Golf Resort

THE REEFS RESORT & CLUB

Southampton

Nestled on a cliff, **The Reefs** is a family-owned resort which overlooks a pink sand cove and the Atlantic Ocean. All 62 guest rooms, suites, and cottages feature private balconies to enjoy the gorgeous views. In addition, there are also 19 two- and three-bedroom private condominiums with fully-equipped kitchens available for a vacation rental or fractional ownership at **The Reefs Club**.

Start the day by taking the stairs leading to the secluded beach. The private pink sands are dotted with lounges and umbrellas and make for a magnificent enclave for relaxation. And for those wanting to get their feet wet, complimentary water sports are available including paddleboards, snorkeling, and kayaks. The resort also has two tennis courts with complimentary equipment and a fitness center. Golf off-property and other excursions can be arranged.

The resort is home to the full-service **La Serena Spa** with treatments that include massages, facials, detox therapies, nail care, and more.

The Clubhouse Bar & Lounge offers casual dining, hand-crafted cocktails, and seasonal live entertainment in the lounge or on the terrace. *Aqua Terra* overlooks the ocean from atop and offers sea- and farm-to-table dining. The seasonal alfresco *Coconuts* overlooks the beach and is the place for casual Caribbean cuisine. *Info: thereefs.com.*



The Reefs
©The Reefs Resort & Club

WHAT TO SEE & DO

Bermuda is only approximately 21 miles long and 1.75 miles wide at its widest point, so it's a reasonably easy island to navigate—if you are comfortable driving on the left side of the road. Golfers have six courses to choose from, including the Par 71 **Port Royal Golf Course** designed by Robert Trent Jones and one of the world's premier public golf courses.

Be sure to spend one day in the capital city of **Hamilton**. It offers block after block of shops and galleries, harbor views, and the chance to experience the nightlife along Front Street. At the eastern end of the island is **St. George's Parish**—a UNESCO World Heritage Site—steeped in history with its pastel houses. Be sure to visit **St. Peter's Church** and **Fort St. Catherine**. The **Royal Naval Dockyard** offers shopping, dining, and maritime history at the **National Museum of Bermuda** and **Bermuda Maritime Museum**.

Cyclists can bike along the 18-mile **Railway Trail**. The Hidden Gems Nature Hike through **Walsingham Nature Reserve** and **Cooper's Island Nature Reserve** offers the chance to see Bermuda's natural beauty.

There seems to be a beach at every turn: Warwick Long Bay, Shelly Bay, Church Bay and a dozen more. However, a visit to **Horseshoe Bay Beach** will not disappoint—it's the most popular of Bermuda's pink beaches.

For more information on Bermuda, visit gotobermuda.com.



The Reefs
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